

The WCO Quarterly Newsletter

October, 2014 Edition

Welcome to our new quarterly newsletter. It's purpose is to communicate to all WCO band members about our theme this year which is The Trinity both as a reminder to those who attend the retreats and as an introduction for those who could not attend so that we might have the same inspiration.

September Retreat Liturgy

I arise today

*embraced in the arms
of God the Father,
empowered by the strength
of God the Spirit
immersed in the love
of God the Son.*

I arise today

*In the company
of the Trinity
Father, Spirit and Son.*

I arise today

*conscious of the forgiveness
of God the Father
conscious of the companionship
of God the Son,
conscious of the guidance
of God the Spirit,
conscious of the unity
of the Trinity
Three in One. Amen**



"Troitsa" an icon by Rublev, a Russian Orthodox monk who lived from 1370-1430

**Mark your
Calendar**

**Our all-day
Retreat at**

**The Starrette
Farm is**

April 11, 2015

Plan to attend!!

*http://www.faithandworship.com/Morning_Prayers.htm#ixzz3C03he40

0; Author, John Birch

The Trinity is about flow: September Retreat from Don Carroll's notes

Scientists are discovering that the energy in the universe is in the space between the particles of the atom and between the planets and the stars, not in the objects themselves. And so we are learning that the Trinity is not about the Father, Son and Holy Spirit so much as in the relationship between them, in the flow of energy that proceeds from each to the other and to any one who participates with them in this flow. [Fr. Richard Rohr]

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The Cappadocian Fathers(4th C. AD) described the Trinity as a circle dance, that “whatever is going on in God is a flow that’s like a dance; and God is not just the dancer, God is the dance itself!” [Fr. Richard Rohr]The Incarnation is a movement out from the Father and Holy Spirit to take us back with him into this eternal embrace.

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We know the Trinity by participating in this dance, in this flow which moves outward towards all creation and inward drawing all things back to itself. So our experience of the flow, of the Trinitarian Flow, is what informs our lives. We participate with the Trinity, we participate with love which is the very energy of the entire universe. We were indeed created in communion, by communion and for communion.

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To see the Trinity through the lens of belief is passive. To participate in the eternal flow of love is to be engaged with the Trinity in the dance of life.

A Celtic prayer to the Trinity, from the Rev. Peter Brown of St. Mark's Lutheran in Charlotte:

*The vitality of God be mine this day
the vitality of the God of life.
The passion of Christ be mine this day
the passion of the Christ of love.
The wakefulness of the Spirit be mine this day
the wakefulness of the Spirit of justice.
The vitality and passion and wakefulness of God
be mine
that I may be fully alive this day
the vitality and passion and wakefulness of God
that I may be fully alive.
Amen.*

Any comments about the Trinity? Email patsadams@gmail.com. I would love to start a dialogue among us for future issues. Pat